

SAVE THE DATE!

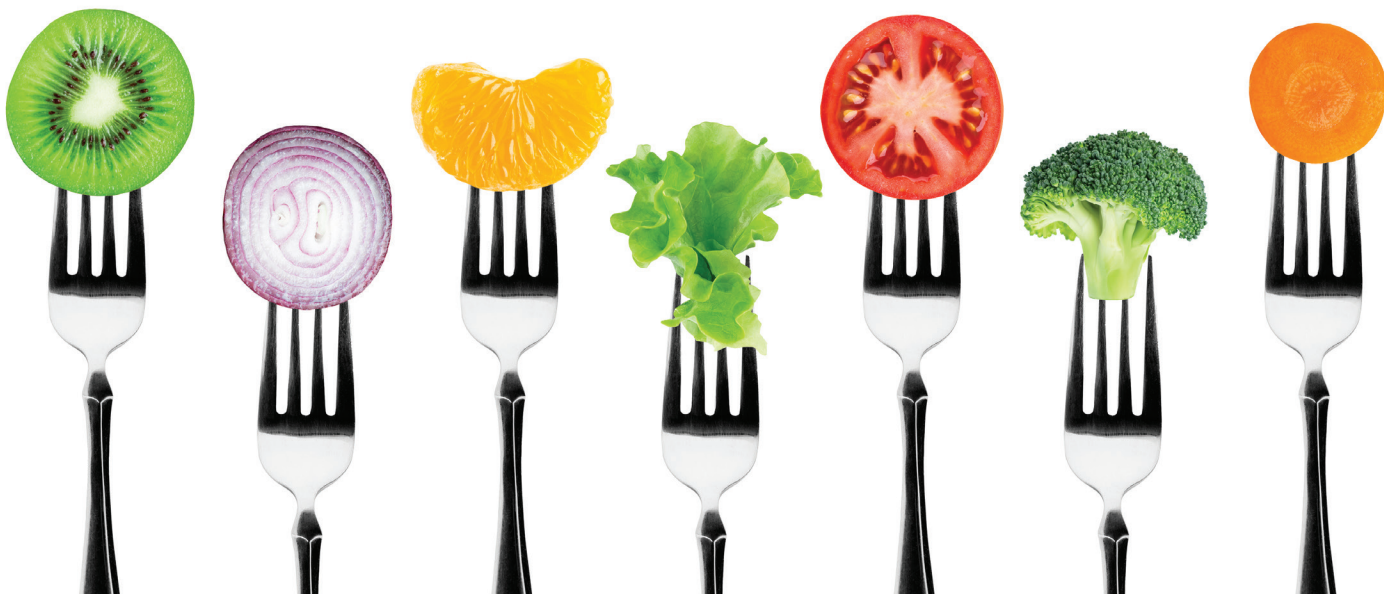
Nutrition: Feeding Ourselves, Feeding Our Families

THURSDAY, APRIL 16 | 7:00 PM

VIRGINIA HOSPITAL
CENTER

FOUNDATION

Women's Health Circle



SAVE THE DATE!

Nutrition: Feeding Ourselves, Feeding Our Families

THURSDAY, APRIL 16 | 7:00 PM

Famille
700A West Broad St.
Falls Church, VA 22046

Join us for an interactive discussion on food fads, how to minimize added sugars, and ideas for healthy family meals.

Learn more and register for this event at vhcfoundation.com/communityforum



FOUNDATION

Women's Health Circle

Virginia Hospital Center
Foundation
1701 N. George Mason Drive
Arlington, VA 22205

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