

Community Forum

MENTAL WELLNESS: IT'S ALL IN THE FAMILY

Join us as for a conversation with area experts on helping children and teens with anxiety by fostering supportive environments in all forms of the modern family

Thursday, October 10, 2019 | 7:00 pm – 8:30 pm

John T. Hazel, MD Conference Center
Virginia Hospital Center

This event is free! Learn more & register:
virginiahospitalcenter.com/communityforum

Our Moderator



Greg Hamilton
Publisher & Co-Founder,
Arlington Magazine

Our Panelists



Michael Bohman,
MSW, LCSW
Counseling Manager,
Outpatient Behavioral Health —
Virginia Hospital Center



Christina Tripodi Mitchell,
Psy.D., NCSP
Clinical Director,
The Child & Family Practice
of Washington, DC



E.J. Stapler,
MS, NCC, CHST, LPC
Director of Counseling Services,
Williamsburg Middle School —
Arlington Public Schools

Refreshments to follow | Complimentary parking available only in Zone B

Virginia Hospital Center | 1701 N. George Mason Drive | Arlington, VA 22205

For questions, contact Colleen Hughes: chughes@virginiahospitalcenter.com | 703.717.4424